

First Aid Kit, Comprehensive

- Sufficiently large container (box, bag, etc.)
- Absorbent Compress dressing/gauze
- Moleskin for blister treatment and prevention
- Roller Bandage 3" (individually wrapped)
- Roller Bandage 4" (individually wrapped)
- Elastic bandage
- Triangular Bandage
- Sterile Gauze Pad 3x3
- Sterile Gauze Pad 4x4
- Cloth adhesive tape
- Adhesive bandages (assorted sizes)
- Blanket (space blanket)
- CPR Breathing Barrier
- Instant Cold Compress
- Gloves, disposable, non-latex
- Scissors
- Thermometer
- Tweezers
- First Aid Instruction Booklet
- Aspirin/Regular Strength Pain Medication/Anti-inflammatory painkillers
- Antihistamine/Benadryl
- Anti diarrhea medication
- Epinephrine auto injector (Epipen)
- Seasickness medication
- Antiseptic/Antibiotic Ointment
- Hydrocortisone Ointment
- Burn cream packets
- Aloe vera gel
- Antiseptic Wipes
- Alcohol pads
- Hand sanitizer
- Saline
- Lighter
- Penlight
- Activated charcoal
- Emetics
- Cotton balls/swabs
- Duct tape
- Plastic baggies
- Documents listing relevant medical information

